

# Jordan L. Goldstein, MD

## Work Address

Illinois Bone and Joint Institute: IBJI  
1550 North Northwest Highway  
Suite 220  
Park Ridge, IL 60068

Illinois Bone and Joint Institute: IBJI  
1009 IL-22  
Suite 1  
Fox River Grove, IL 60021

Office: 847-824-3198

[drjordangoldstein@gmail.com](mailto:drjordangoldstein@gmail.com)

**Appointments:** Clinical Assistant Professor, Department of Orthopaedics,  
University of Illinois College of Medicine (1/13- Present)  
Attending Physician Lutheran General Hospital (12/09- Present)  
Attending Physician Golf Surgical Center (12/09- Present)  
Executive Board Member (1/16- Present), General Partner (1/20-  
Present)

**Board Certified by the American Board of Orthopaedic Surgeons, 2012**

**Board Re-Certified by the American Board of Orthopaedic Surgeons, 2022**

**Certification in Evaluation of Disability & Impairment Rating, 6<sup>th</sup> Edition, 2014**

**Education:** **Florida Orthopaedic Institute**, Temple Terrace, FL  
Orthopaedic Shoulder and Elbow Fellow (*mini fellowship* Sep 2009- Nov 2009)

**Emory University**, Atlanta, GA  
Orthopaedic Sports Medicine Fellow (July 2008- June 2009)

**Rush University Medical Center**, Chicago, IL  
Orthopaedic Surgery Resident (June 2003-June 2008)

**Washington University School of Medicine**, St. Louis, MO  
Doctor of Medicine, May 2003

**University of Pennsylvania**, Philadelphia PA  
Bachelor of Arts Degree in Biological Basis of Behavior, May 1999  
Graduated Magna Cum Laude  
*Dual Concentration in Neuroscience and Brain Behaviors*

**Professional Honors:** Selected for Physician Recognition Wall at Lutheran General Hospital for Outstanding Patient Care (2/2013)

Winner AANA Resident/Fellow Essay Scholarship Award- presented at AANA Annual Meeting (2009)

Patellar Tendon Length Compared to Patient Height-Implications for Ordering Allograft Patellar Tendon Grafts to Reduce Construct Mismatch

Winner for an AANA Grant for Research Project (2008)

Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting Procedure: Impact of graft type, position, and coracoid orientation

Best Poster at the Rush Sigma Xi Research Day (2008)

Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting Procedure: Impact of graft type, position, and coracoid orientation

Finalist for the Rush Surgical Society Research Competition (2008)

Dean's List University of Pennsylvania (1996-1999)

Psi Chi National Psychology Honor Society

Golden Key National Honor Society

**Work Experience:** Assistant Team Physician: Georgia Tech Yellow Jackets (2008-2009)  
Covering physician for Div I football and basketball

Assistant Team Physician: Emory University Eagles (2008-2009)  
Covering physician for Emory University sports

Assistant Team Physician: Chicago Bandits (2007-2008)  
Covering physician for professional woman's softball team

Assistant Team Physician: Chicago Public School Football (Fall 2007, Fall 2006) Covering physician for Lincoln Park High School football games

Northwestern University School of Medicine (Summer 1998)  
Researcher, Dept. of Molec. Pharm. & Biol. Chem.

Tennis Instructor (1994-1997)  
Tennis pro at several country clubs and tennis clubs

**Activities:** Fellow: American Academy of Orthopaedic Surgeons (AAOS)

Member: American Orthopaedic Society for Sports Medicine (AOSSM)

Assistant Manuscript Reviewer: American Journal of Sports Medicine (2008-2009)

Assistant Manuscript Reviewer: Journal of Shoulder and Elbow Surgery (2008-2009)

Resident Judge: OREF Midwest Resident Research Competition (2008)

Golden Key National Honor Society, Univ. of Penn (1997-1999)  
President (1998-1999), Vice-President (1997-1999)

John Morgan Pre-Health Society, Univ. of Penn (1996-1998)  
Vice-President (1997-1998)

**Volunteer Experience:** Saturday Neighborhood Health Clinic, Wash. Univ. (2002)  
Provider of healthcare to uninsured adults

Students Teaching AIDS to Students (STATS), Wash. Univ. (1999-2002)

Children's Seashore Hospital, Philadelphia PA  
Chief Coordinator and volunteer for handicapped children's program (1998-1999)

### **Papers Published:**

Practical Management of Lisfranc Injuries in Athletes. Christian Lattermann, M.D., **Jordan L. Goldstein M.D.**, Dane K. Wukich M.D., Simon Lee M.D., Bernard R. Bach Jr. M.D. *Clinical Journal of Sport Medicine*. 17(4):311-315, July 2007.

Lateral Meniscus Allograft Biologic Glenoid Arthroplasty in Total Shoulder Arthroplasty for Young Shoulders with Degenerative Joint Disease. Gregory P Nicholson, **Jordan L. Goldstein**, Anthony A. Romeo, Brian J. Cole, Jennifer K. Hayden, Stacy L. Twigg, L. Pearce McCarty, Alvin J. Dettlerline. *Journal of Shoulder and Elbow Surgery*. September 2007; Vol. 16, Issue 5, pp S261-S266.

Evaluation and Treatment of Osteochondritis Dissecans Lesions of the Knee. Alvin J. Dettlerline M.D., **Jordan L. Goldstein M.D.**, Bernard R. Bach Jr. M.D. *Journal of Knee Surgery*. April 2008;21:106-115

Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting Procedure: Impact of graft type,

position, and coracoid orientation. Neil Ghodadra MD, **Jordan Goldstein MD**, Aman Gupta BS, Liz Shewman PhD, Nikhil Verma MD, Bernard R. Bach, Jr., MD, Anthony A. Romeo, MD, Matthew T. Provencher, MD. Abstract printed in *Arthroscopy: The Journal of Arthroscopic and Related Surgery*. June 2009; Vol.25, Issue 6: page e7.

Patellar Tendon Length Compared to Patient Height-Implications for Ordering Allograft Patellar Tendon Grafts to Reduce Construct Mismatch  
**Jordan L. Goldstein M.D.**, Nickhil Verma M.D., Allison G. McNickle MS, Neil Ghodadra M.D., Bernard R Bach Jr. M.D. *Arthroscopy: The Journal of Arthroscopic and Related Surgery*. May, 2010. Vol. 25, Issue 5: pp 643-650.

Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting. Neil Ghodadra MD, **Jordan Goldstein MD**, Aman Gupta BS, Liz Shewman PhD, Nikhil Verma MD, Bernard R. Bach, Jr., MD, Anthony A. Romeo, MD, Matthew T. Provencher, MD  
*Journal of Bone Joint Surgery. Am.*, Jun 2010; 92: 1478 - 1489.

A Biomechanical Analysis of Point of Failure during Lateral-Row Placement in the Transosseous-Equivalent Rotator Cuff Repair Model. Brian Dierkman MD, **Jordan Goldstein MD**, Spero Karas MD. *Arthroscopy: The Journal of Arthroscopic and Related Surgery*, Jan 2012; 28(1): 52-58.

### **Book Chapters:**

Instability: Ankle and Subtalar Joints. Sameh Labib M.D., **Jordan L. Goldstein M.D.**, John Ugbo M.D. Book Chapter for ANA Advanced Foot and Ankle Arthroscopy. Saunders, Elsevier. 2010.

Anatomic Single bundle ACL reconstruction: Hamstring. John Xerogeanes MD, **Jordan Goldstein MD**. Book Chapter for Master Techniques in Orthopaedic Surgery: Sports Medicine. Lippincott, Williams, and Wilkins. December, 2010.

### **Podium Presentations/Abstracts Presented:**

Anatomic Single Bundle Anterior Cruciate Ligament Reconstruction using an Accessory Medial Portal. **Jordan L Goldstein M.D.**, Albert Pendleton M.D., John Xerogeanes M.D. *Selected for "Meet the Author" at the American Academy of Orthopaedic Surgeons (AAOS) annual Meeting, New Orleans, LA. Mar 9-13, 2010.*

Patellar Tendon Length Compared to Patient Height-Implications for Ordering Allograft Patellar Tendon Grafts to Reduce Construct Mismatch

**Jordan L. Goldstein M.D.**, Nikhil Verma M.D., Allison G. McNickle MS, Neil Ghodadra M.D., Bernard R Bach Jr. M.D. *Podium presentation at the American Academy of Orthopaedic Surgery (AAOS) Meeting, Las Vegas, NV. Feb 25, 2009. Accepted for Podium presentation at the Arthroscopy Association of North America (AANA) Meeting, San Diego, CA. May 2, 2009.*

Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting Procedure: Impact of graft type, position, and coracoid orientation. Neil Ghodadra MD, **Jordan Goldstein MD**, Aman Gupta BS, Liz Shewman PhD, Nikhil Verma MD, Bernard R. Bach, Jr., MD, Anthony A. Romeo, MD, Matthew T. Provencher, MD *Accepted for Podium presentation at the Arthroscopy Association of North America (AANA) Meeting, San Diego, CA. May 2, 2009.*

Lateral Meniscus Allograft Biologic Glenoid Arthroplasty in Total Shoulder Arthroplasty for Young Shoulders with Degenerative Joint Disease. Gregory P Nicholson M.D., **Jordan L Goldstein M.D.**, Anthony A Romeo M.D., Jennifer K Hayden M.S., Stacy L Twigg M.S., PA-C, Brian J. Cole M.D., M.B.A., L. Pearce McCarty M.D. *Presented at The American Shoulder and Elbow Surgeons Meeting (ASES), Chicago, IL. Sept.16, 2006. Abstract Presentation at the Shoulder and Elbow Society of Australia, Victor Harbour, South Australia, Nov. 2-5, 2006.*

A Prospective Study of Ultrasound in the Diagnosis of Breast Cancer. Tina J. Heiken, M.D., **Jordan Goldstein**, Jose M. Velasco, M.D. *Presented at The Society of Surgical Oncology, San Diego, CA. March, 1998.*

### **Poster Presentation:**

Normalization of Glenohumeral Articular Contact Pressures after either Latarjet or Iliac Crest Bone Grafting Procedure: Impact of graft type, position, and coracoid orientation. Neil Ghodadra MD, **Jordan Goldstein MD**, Aman Gupta BS, Liz Shewman PhD, Nikhil Verma MD, Bernard R. Bach, Jr., MD, Anthony A. Romeo, MD, Matthew T. Provencher, MD. *Poster Presentation at American Academy of Orthopaedic Surgeons (AAOS), Las Vegas, NV. Feb 25-Mar 1, 2009. Accepted for Poster Presentation at American Orthopaedic Society for Sports Medicine (AOSSM), Keystone, CO. July 9-12, 2009.*

Lateral Meniscus Allograft Biologic Glenoid Arthroplasty in Total Shoulder Arthroplasty for Young Shoulders with Degenerative Joint Disease. Gregory P Nicholson M.D., **Jordan L Goldstein M.D.**, Anthony A Romeo M.D., Jennifer K Hayden M.S., Stacy L Twigg M.S., PA-C, Brian J. Cole M.D.,

M.B.A., L. Pearce McCarty M.D. *Poster Presentation at American Academy of Orthopaedic Surgeons (AAOS), San Diego, CA. Feb. 14-18, 2007.*

**Video Presentation:**

Anatomic Single Bundle Anterior Cruciate Ligament Reconstruction using an Accessory Medial Portal. **Jordan L Goldstein M.D.**, Albert Pendleton M.D., John Xerogeanes M.D. *Presented at the American Academy of Orthopaedic Surgeons (AAOS) annual Meeting, New Orleans, LA. Mar 9-13, 2010.*

**Lectures:** Shoulder Anatomy and Biomechanics. *Emory Sports Medicine Symposium: An Interactive Approach. Atlanta, GA. March 20-21, 2009*

AC Joint Anatomy and Pathology. *Emory Sports Medicine Symposium: An Interactive Approach. Atlanta, GA. March 20-21, 2009*

Double Bundle Anterior Cruciate Reconstruction: How do you Decide in 2009? *Southern Orthopaedic Association. Amelia Island, FL. July 17-19, 2009*

Common Pediatric Sports Injuries. *Family Medicine Monthly Lecture, Lutheran General Hospital, February 25, 2010*

Knee Injuries in the Athlete and Young Adult. *Primary Care of Orthopaedics*, sponsored by Lutheran General Hospital, Chicago, IL, September 22, 2012

Rotator Cuff Tear: Diagnosis and Treatment. *Community Healthbeat Lecture Series*, sponsored by Lutheran General Hospital, Chicago, IL, August 13, 2013.

Common Shoulder Injuries in the Workplace. *Workman's Compensation Seminar*, Sponsored by Diamond Mark, Season's 52 Oak Brook, IL, February 14, 2014.

Common Shoulder Injuries in the Workplace. *Workman's Compensation Seminar*, Sponsored by OrthoCentrix, Ditka's Oakbrook Terrace, IL, February 27, 2014.

Rotator Cuff. *Orthopaedics for the Primary Care Physician*, sponsored by Lutheran General Hospital, Chicago, IL, December 6, 2014

ACL Injuries: From Diagnosis to Treatment. Sponsored by *Athletico Lecture Series*, Park Ridge Athletico, March 21, 2019

Treatment Considerations for Patients with Osteoarthritis of the Knee. Sponsored by Depuy Synthes. Dyer, IN. November 6, 2019

Common Knee Injuries in the Workplace. Sponsored by CorVel. Done via WebEx. October 14, 2021

Treatment Considerations for Patients with Osteoarthritis of the Knee. *California Orthopedic Society Annual Meeting*. Sponsored by Depuy Synthes. Indian Wells, CA, April 9, 2022.

Sports Medicine for All Ages. Sponsored by Illinois Bone and Joint Institute. Webinar presented on May 25, 2022.

Why Clinical Messaging Remains Important to HCPs When Choosing HA Injections. Sponsored by DePuy Synthes Mitek Sports Medicine. Webinar presented on August 11, 2022

Rotator Cuff Tears: From the Boring to the Interesting. Sponsored by ExamWorks. Webinar presented on November 10, 2022

ACL: What is it, Why do we need it, and How to Fix it. Sponsored by Illinois Physical Therapy Association. Webinar presented on January 19, 2023.

ACL: What is it, Why do we need it, and How to Fix it. Sponsored by *Athletico Lecture Series*, Park Ridge Athletico, June 15, 2023.

Rotator Cuff Tears: From the Boring to the Interesting. Sponsored by Illinois Physical Therapy Association. Webinar presented on January 18, 2024.

Knee Injuries Webinar: Topic ACL. Sponsored by Athletico, Webinar presented on July 17, 2024.

**Course Instructor:**

Encore Reverse Total Shoulder Lab. **Associate Table Instructor**. *Temple Terrace, FL. November 6, 2009*

Fundamentals In Arthroscopy- AANA Course for Residents. **Associate Master Instructor**. *Rosemont, IL, January 21-24, 2010*

Fundamentals In Arthroscopy- AANA Course for Residents. **Associate Master Instructor**. *Rosemont, IL, January 20-23, 2011*

**Hobbies & Interests:** Tennis (nationally ranked junior player)  
Martial Arts  
Golf