JOHN P. ROSS, M.D.

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1605 E Central Rd. Unit 121C Arlington Heights, IL 60005



EDUCATION/EMPLOYMENT HISTORY

- Northwest Orthopedic Surgery Current Employment Arlington Heights, IL 2021 to current
- Florida Orthopedic Institute Shoulder and Elbow Surgery Fellowship Drs. Mark Frankle & Mark Mighell 2020-2021
- University of Connecticut Orthopedic Surgery Residency 2020
- Rush Medical College M.D. 2015
 - USMLE Step 1: 240, Step 2CK: 250
 - \circ Graduated with Honors Ranked in top 10% of class
 - o Alpha Omega Alpha Honor Medical Society Member
- Emory University B.S. 2010
 - Bachelor of Science in Neuroscience and Behavioral Biology GPA 3.762 Honors. >90th percentile rank
 - Two Time Golf Coaches Association of America All American Scholar
 - o Study Abroad St Andrews University Scotland Brain STEM Neuroscience Program
 - o National Society of Collegiate Scholars Emory University Chapter Lifetime Member

PUBLICATIONS

- Ross JP. et al. Seven-step subscapularis-sparing, windowed anterior technique used for anatomic TSA. Orthopedics Today (Healio). 2021. https://www.healio.com/news/orthopedics/20210915/sevenstep-subscapularissparing-windowed-anterior-technique-used-for-anatomic-tsa
- Ross JP, Lee A, Neeley R, Mighell MA, Frankle MA. The Subscapularis Sparing Windowed Anterior Technique (SWAT) Total Shoulder Arthroplasty. J Shoulder Elbow Surg. 2021 Apr 19:S1058-2746(21)00358-X. doi: 10.1016/j.jse.2021.03.150. PMID: 33887479.
- Subscapularis Sparing Windowed Anterior Technique (SWAT) Total Shoulder Arthroplasty Vu Medi video
- Mazzocca, A.D., Ross, J.P., LeVasseur M.R., Berthold, D.P. "Chapter 22: Open Management of Atraumatic and Traumatic Disorders of the Acromioclavicular Joint: Indications, Techniques, and Outcomes." *Rockwood and Matsen's - The Shoulder*, 6th ed., Elsevier.
- Ross, J.P. and Sathe, V. "Chapter 16 Biologics in Foot and Ankle Surgery." Biologics in Orthopaedic Surgery, Elsevier, 2019, pp. 175–183.
- Ross JP, Brown NM, Levine BR. Chronic Knee Dislocation After Total Knee Arthroplasty. Orthopedics. 2015 Dec;38(12):e1155-9. doi: 10.3928/01477447-20151123-07. PMID: 26652339.
- Ross JP, Orkin BA. Enterocolic fistula due to a rectal stent: Case report and literature review. Ann Med Surg (Lond). 2014 Sep 28;3(4):123-5. doi: 10.1016/j.amsu.2014.07.002. PMID: 25568798; PMCID: PMC4284444.

ONGOING RESEARCH

- Ross, J.P., Mighell, M. Novel vs. Traditional Keeled Glenoid Component: Radiographic and Clinical follow-up at 2 years
- Ross, J.P., Mighell, M Distal biceps ruptures: Acute repair versus chronic reconstruction
- Ross, J.P. Mighell M, Frankle M. Golf performance after total shoulder arthroplasty

RESEARCH PRESENTATIONS AND LECTURES

- ASES Fellows Symposium Podium Presentation The Subscapularis Sparing Windowed Anterior Technique (SWAT) Total Shoulder Arthroplasty - 2021
- Complex Cases in Shoulder Arthroplasty DJO Shoulder Arthroplasty Fellows Course 2021
- Complex Cases in Revision Shoulder Arthroplasty DJO Revision Shoulder Arthroplasty Course 2020
- Arthroplasty Case Presentations Orthopedic Grand Rounds THA Fatigue failure, rTSA for fracture HHBJI 2020

- Thoracolumbar Spine Trauma Orthopedic Grand Rounds HHBJI 2020
- MSIS Research Day The Utility of Preoperative CT in the Surgical Management of Tarsal Coalitions UCONN Health 2020
- Healthcare Value Advisory Council Presentation (x2)—February, March Orthopedic Grand Rounds HHBJI 2020
- Distal Femur Fractures Nailing vs. Plating (or Both!?) Orthopedic Grand Rounds HHBJI 2020
- Foot and Ankle Trauma Pilon fractures, Talar neck fractures Orthopedic Grand Rounds HHBJI 2020
- Scapular fractures Orthopedic Grand Rounds Glenoid, Neck, and Double Disruptions HHBJI 2020
- Interesting Trauma Cases Orthopedic Grand Rounds Hartford Hospital Bone and Joint Institute (HHBJI) 2020
- Morbidity and Mortality Conference (x3) November, December, January UCONN Health 2019/2020
- Distal Femoral Osteotomy UCONN Health 2019
- Humeral Shaft Fractures UCONN Health 2019
- Infection Prevention in Total Shoulder Arthroplasty Orthopedic Grand Rounds St. Francis Medical Center 2019
- Proximal Humerus Fractures Orthopedic Grand Rounds St. Francis Medical Center 2019
- Management of Lytic Bone Lesions Orthopedic Grand Rounds St. Francis Medical Center 2018
- Distal Humerus Fractures Orthopedic Grand Rounds St. Francis Medical Center 2017
- An Analysis of Active Biofeedback Insoles and their Utility in Biomechanical Studies 2012 Rush University

AWARDS/CERTIFICATIONS

- Reviewer Journal of Shoulder and Elbow Surgery Reviews Reports and Techniques
- ABOS Part I Passed July 2020. ABOS Part II Passed- September 2023
- American Shoulder and Elbow Surgeons Society Fellow Member
- AOFAS Resident Scholar
- UCONN Quality Improvement Symposium Awarded first prize for outstanding project 2017
 - Establishing a Comprehensive Protocol to Improve Management of Fragility Fractures
- Alpha Omega Alpha Honor Society
- USMLE: Step 1, Step 2 CK, Step 2 CS, Step 3
- Golf Coaches Association of America All American Scholar (awarded twice)
- National Society of Collegiate Scholars

COURSES

Arthrex Sports Medicine Fellowship Forum 2021 | DJO Fellows Shoulder Arthroplasty Course 2021 | DJO Fellows Elbow Arthroplasty course 2021 | Tampa Shoulder Course 2021 | DJO Revision Shoulder Course 2020 | ASES Annual Meeting 2020 | DJO Fellow Lecture Series 2020 | ASES Fellow Lecture Series 2020 | The Shoulder Summit 2019 | AOFAS Annual Meeting 2018 | Boston Pathology Course 2018 | AO Basic Principles of Fracture Management 2015

LEADERSHIP

UCONN Medical Student Anatomy Tutor - 2015-16 | Residency Program Evaluation Committee - Class representative | Rush University Peer Advisor - M3/M4 Representative - 2013 | Chicago Medical Society Councilor - Organized event: The Affordable Care Act and Chicagoland Patient Populations - 2013 | Rush University Anatomy Tutor - 2012 | Rush University Surgery Interest Group Leader 2012-2015 | Organized event: Utility of Robotic Assistance in Urologic Procedures - 2012 | Emory University Men's Golf Team Captain - 2009 | Boys and Girls Club of America - 2009

OTHER INTERESTS

- Emory Men's Varsity Golf Team Highlights
 - Team Captain ('09) | Athlete of the Week ('08) | UAA team champions ('07, '08), UAA Championship 2nd place individual | Georgia Cup Finalist | NCAA Championship Participant ('07, '08, '09) | Undefeated match record on St. Andrew's Men's First Team
- Guitar Craftsmanship Built 3 electric guitars http://johnrosscustomguitars.weebly.com
- Music Play guitar, bass, drums. Previously played in several bands. Live music (Jazz, Soul, Rock, Fusion) enthusiast.

Professional References

Mark Mighell MD

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Mark Frankle MD

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Augustus Mazzocca MD

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Roy Beebe MD

University of Connecticut - Total Joints Surgeon 860 680 2773 beebe@uchc.edu