

## ***Curriculum Vitae***

**SERGEY M. KACHAR, D.O.**

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### **EDUCATION**

- 2006 – 2007                      Fellow – Adult Reconstruction – University of Chicago  
Chicago, IL
- 2002 – 2006                      Resident – Orthopedic Surgery – Northwestern University  
Olympia Fields, IL
- 2001 – 2002                      Intern – Northwestern University/ St. James Hospital  
Olympia Fields, IL
- 1997 – 2001                      Northwestern University  
Chicago College of Osteopathic Medicine  
Downers Grove, Illinois  
Doctor of Osteopathic Medicine
- 1993 – 1997                      University of Illinois at Chicago  
Chicago, Illinois  
B.S. in Biomedical Engineering with High Honors

### **RESEARCH, POSTGRADUATE TRAINING AND EMPLOYMENT**

- 2007 – PRESENT                      Northwest Orthopedic Surgery, SC – Adult Reconstruction and General Orthopedics
- 2007 – 2010                      Team Physician – District 211 (Palatine High School Football Team)
- 2006 – 2007                      Christ Advocate Medical Center – Locum Tenens - Trauma
- 1998 – 2001                      Physics and Biology instructor – Kaplan Medical  
Schaumburg, IL
- 1999 – 2000                      Biomechanical analysis of ALIF using cadaveric spines, intervertebral cages and  
translaminar facet screws – Hines V.A. / Loyola University Medical Center orthopedic  
laboratory  
Maywood, IL
- 1996 – 1997                      Senior Design Project Leader – Designed and built prototype of motorized wheelchair-to-  
toilet transfer device for paraplegics – University of Illinois at Chicago    Department of  
Physical Therapy  
Chicago, IL
- 1996 – 1996                      Summer Research Project – Classification of scoliosis and evaluation of likelihood of  
progression – Hines V.A. / Loyola University Medical Center orthopedic laboratory  
Maywood, IL

## **PUBLICATIONS**

Endoscopically Assisted Excision of Digital Enchondroma (Jeffrey F. Dietz, MD; Sergey M. Kachar, DO; Daniel J. Nagle, MD) *Arthroscopy: The Journal of Arthroscopic & Related Surgery*, Volume 23, Issue 6

Translaminar Facet Screws Improve Stability of Threaded Anterior Lumbar Interbody Cage Constructs (Phillips F, Cunningham B, Patwardan A, Havey R, Voronov L, Carandang G, Meade K, Simons J, Kachar S ) *International Society for the Study of the Lumbar Spine – Annual Meeting*

Neuroma of the Infrapatellar Branch of the Saphenous Nerve – A Cause of Reversible Knee Stiffness (“Pseudoarthrofibrosis”) Following Total Knee Arthroplasty (Kachar S, Williams K, Finn H) *The Journal of Arthroplasty* Volume 23, Issue 6

From Pain to Play: Arlington Lakes Golfer Has New Knee, New Lease on Life  
*Daily Herald, Health and Fitness*, September 30, 2018

## **MEMBERSHIPS AND AWARDS**

2019 – PRESENT	Board of Directors at Surgicare Associates
2018 – PRESENT	Orthopedic Surgery Co-Management Committee at Northwest Community Hospital
2017 – PRESENT	Quality Improvement Committee at Northwest Community Hospital
2007 – PRESENT	University of Chicago Surgical Society
2005 – PRESENT	Chicago Association of Russian-Speaking Physicians
2002 – PRESENT	American Academy of Orthopedic Surgeons
2002 – PRESENT	American Osteopathic Academy of Orthopedics
1997 – PRESENT	American Osteopathic Association
2019 – 2022	Surgical Executive Committee at Northwest Community Hospital
2001 – 2002	Intern Executive Committee
1997 – 2001	Student Osteopathic Surgical Association
1998	Forest Hospital Community Health Improvement Scholarship
1997	Nominated for the University Award for number one rank in the Department of Bioengineering

## **CERTIFICATION**

Board Certified Orthopedic Surgeon

National Board of Osteopathic Medical Examiners – COMLEX (Levels 1, 2, 3)

Licensed Physician and Surgeon – State of Illinois

Certified in Oxford Unicompartmental Knee Arthroplasty

Certified in Birmingham Hip Resurfacing Arthroplasty

Certified in Biomet Signature Patient Specific Knee Arthroplasty

Certified in Robotically Assisted Uni-compartmental Knee Arthroplasty

ACLS Provider

ATLS for Doctors

**HOSPITAL AFFILIATIONS**

2007 – PRESENT	Northwest Community Hospital / NorthShore
2015 – PRESENT	Amita Health St. Alexius Medical Center
2015 – PRESENT	Amita Health Alexian Brothers Medical Center
2013 – PRESENT	Northwest Surgicare an affiliate of SCA

**SPECIAL SKILLS**

Fluent in Russian language